MILD PREGNANCY INDUCED HYPERTENSION

MILD Gestational Hypertension BP 140-149/ 90-99

NO PROTEINURIA

Assess in the community

- No hospital admission
- No treatment required

- NO blood tests required except those for routine ANC visits
- Growth scan if <34wks
- FBC, UEs, LFTs, urate if symptoms/ proteinuria and refer to pre-eclampsia algorithm

Management Plan

- Weekly CMW BP and urinalysis
- If <32/40- twice weekly CMW/ DAU review
- Consultant plan
- Refer DAU/ OTA if proteinuria

A full assessment of the patient should be performed: Previous history of pre-eclampsia Previous pregnancy induced hypertension Pre-existing vascular or renal disease Gestational age at presentation This should include assessment of risk factors:
First pregnancy
Age ≥40 years
Pregnancy interval >10years
BMI ≥35 kg/m₂
Family history of pre-eclampsia
Multiple pregnancy

SC/AB/BT